

Dear Families,

May is a very busy month! Our eighth graders are on their way to Washington D.C. on May 1<sup>st</sup> and will be returning May 4<sup>th</sup>. Spring sports are in full swing, we have several field trips scheduled, our spring concert is scheduled for the 24th and we end the month with a Cultural Art's Week trip to South Africa. We are also preparing for the close of this year. Our last day for students will be June 19<sup>th</sup>. This is an early dismissal day and our 8<sup>th</sup> grade graduation ceremony will be that evening at 7:00 PM. .

### Dress Code

Please be sure that your child's/children's attire adheres to our dress code:

- Shirts and/or blouses, which reveal the abdomen, chest, cleavage, or undergarments and see-through clothing, are not allowed.
- Torn or cut-off clothing, (sport and regular) tank tops, or transparent clothing are not acceptable.
- Shorts (short shorts, cut-off shorts, running shorts, gym shorts), miniskirts, or pants which reveal the upper thigh or undergarments are prohibited

(shorts and skirts should be at least mid-thigh length).

- Sunglasses (unless required by medical order) are prohibited.
- Footwear which marks/damages floors or is a safety hazard is prohibited.
- Flip-flops may not be worn during gym, recess, music, or field day.

### Dates to Remember

- May 1<sup>st</sup>- 4<sup>th</sup> - Eighth Grade trip to Washington D.C.
- May 2<sup>nd</sup> - PTO Meeting at 6:30 PM in the Conference room
- May 24th - Spring Concert at 6:00 PM in the Gym
- May 28<sup>th</sup> - No School
- May 31<sup>st</sup> - First Grade Talent Show 6:00

Best regards,  
Susan Imschweiler, Principal



*"At PCS we care for ourselves, for others, and for our school."*

**8<sup>th</sup> Grade May 2018 News**

**Progress Reports:**

Progress Reports for the Third Trimester will be sent home on Friday, May 11, 2018. Please check in with your child regarding assignments, projects and other tasks throughout the remainder of the year. We have several projects coming up!

**Washington News**

We may be in Washington as you read this article. If not, we soon will be – and the trip will be one filled with memories that will last long beyond our return to Pomfret. We have an action-packed 4 days in store for the class with lots of great stops and visits planned. Thank you again to all parents, PCS families and members of the community who supported the trip and the Class of 2018 through numerous fundraisers including a fantastic 4<sup>th</sup> Annual February Freeze. We had great fundraisers and could not head to D.C. without all of your support.

Next it is on to end-of –the-year activities and graduation!

The date for graduation and the last day of school for Grade 8 has been set for Tuesday, June 19, 2018, at 7:00 P.M. Additional information will be shared with 8<sup>th</sup> Grade families the first week of June.



**\*\*\*Attention\*\*\***

**8<sup>th</sup> grade Spanish Students and Parents**

**The Woodstock Academy ACP Spanish I final exam will take place the afternoons of June 7 and 8.**



**ATTENTION**

**Pomfret Community School  
Students**

**Faculty**

**and**

**Families**

**MARK YOUR CALENDARS!**



The PCS Student Council is hosting a talent show for students in GRADES 5-8 and for STAFF.

Auditions will be held on MAY 21 and 22 in the gym and run from 3:30 to 5:00. The show will take place on the evening of JUNE 8 in the PCS gym, with a run-through rehearsal on June 7 after school.

**\*Note:** All acts must be 5 minutes or less \*  
Look out for more news in the future and get planning those acts!

**\*\*\*ART SHOW\*\*\***

**TUESDAY, JUNE 12 6:30-8 pm**

*"At PCS we care for ourselves, for others, and for our school."*


THANK YOU, PTO!



Ms. Racicot's and Mrs. Otto's kindergarten classes would like to extend a big thank you to our wonderful PTO. This year, the PTO has graciously granted us the funds to buy supplies for our classroom guinea pigs (Stella and Luna), and they paid for students' admission to our field trip later this year to the Mystic Aquarium. Without their generosity, we would not be able to give students these wonderful experiences. We are so lucky to have such an amazing PTO!



# Music Department News



Hello Music Department Community!

As we are coming up on our second concert season of the year, I wanted to send home a reminder about some important information.

On **Thursday May 24 at 6PM** all members of performing ensembles at PCS (the list is below) will be showcased in our spring concert! That includes more than 150 students ranging from third to eighth grade! Students in the following ensembles will be performing (*in no particular order*):

- 5<sup>th</sup> and 6<sup>th</sup> Grade Girls' Chorus
- 6<sup>th</sup> Grade Band
- 7<sup>th</sup> and 8<sup>th</sup> Grade Chorus
- 7<sup>th</sup> and 8<sup>th</sup> Grade Band
- 5<sup>th</sup> and 6<sup>th</sup> Grade Boys' Chorus
- 5<sup>th</sup> Grade Band
- Morning Doves
- Jazz Band

Participation by all members of these groups is expected. Of course, in emergency situations or unavoidable conflicts, an excused absence will be granted. An excused absence from the concert must be arranged with Mrs. March in advance.

Our student musicians have been working so hard and are making great progress toward their spring concert.

Look for more information regarding concert attire and other expectations as the event draws nearer.

Thank you for your ongoing support of the music department at PCS!

Mrs. Monica March  
Music Educator  
Pomfret Community School

**Track Roster**

Zach Stoddard  
Owen Donovan  
Jackson Tassoni  
Alivia Dean  
Christian Rilling  
Isabella Canavan  
Paige Veilleux-Catlin  
Jack Heroux  
Jessica Stolarek  
Hunter Fortier  
Kathryn Guillot  
Lilly Verraneault  
Sawyer Haney  
David Bunning  
Lucas Canavan  
Katelyn Kosior  
Tim Swift  
Ethan Staples  
Justin Hill  
Abigail Elliot  
Thomas Johnson  
Maya Rodriguez  
Emma Costa  
Ella Gilchrist  
Emilia Cost



**Softball Roster**

Jenna Bankowski  
Jayliena Bates  
Leah Castle  
Victoria Garcia  
Avery Larkin  
Hailey McDonald  
Julia Scandalito  
Alyson Bunning  
Avery Collin  
Angela LaFlamme  
Olivia Mawson  
Jillian Plouffe  
Corinne LaMontagne

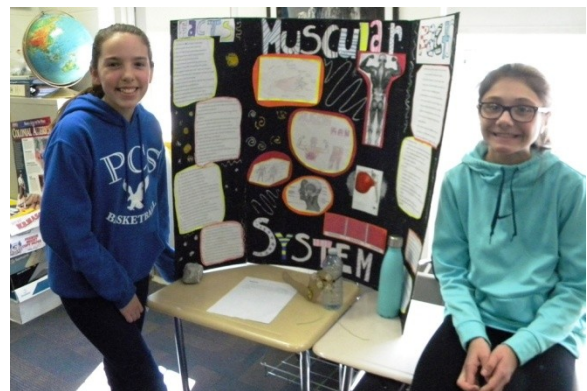
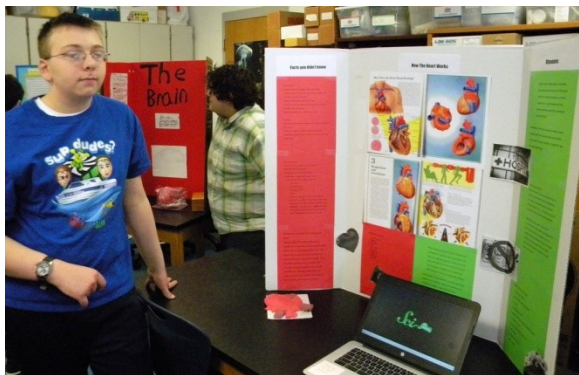
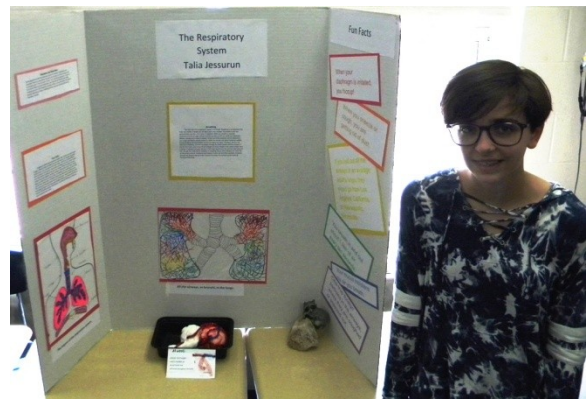
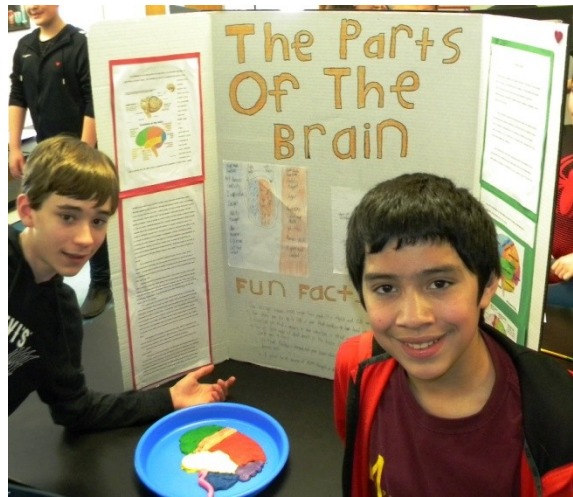
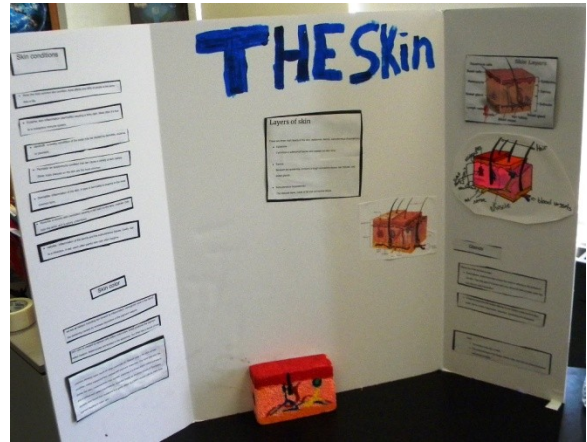
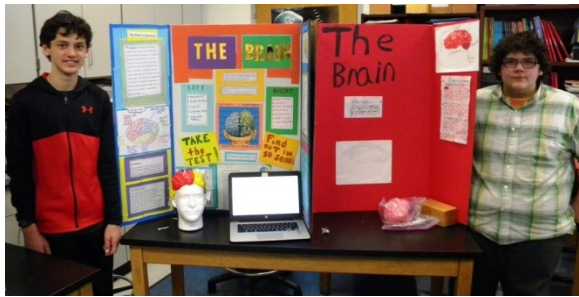


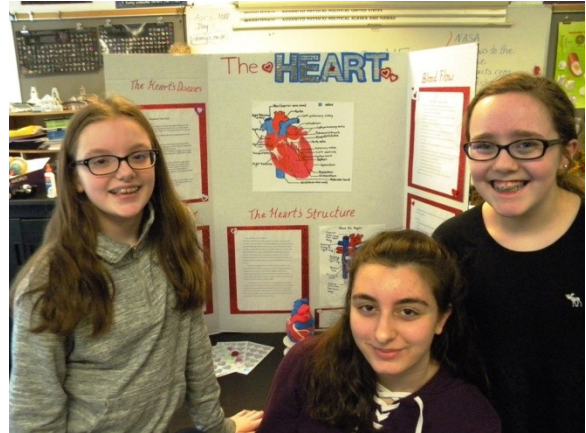
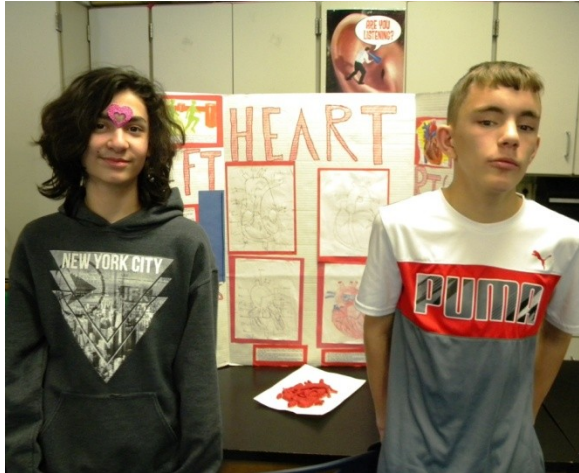
**Baseball Roster**

Zach Roethlein  
Ian Wolanin  
Jonah Libby  
Dylan Johnson  
Huck Flanagan  
Zack White  
Mambi Tsemo  
Manager: Walker Dalton  
Matthew Chuck  
Lucas Gustafson  
Max Ayotte  
Braedon Emerson  
Rocco Corrado  
Diego Rodriguez  
Colby Smith  
Pearson Dodds



# Grade 7 Science Fair





*Reminder:*



First Day of School  
Monday, August 27  
For the 2018-2019  
School Year

## World Renowned Children's Author at Pomfret Community School



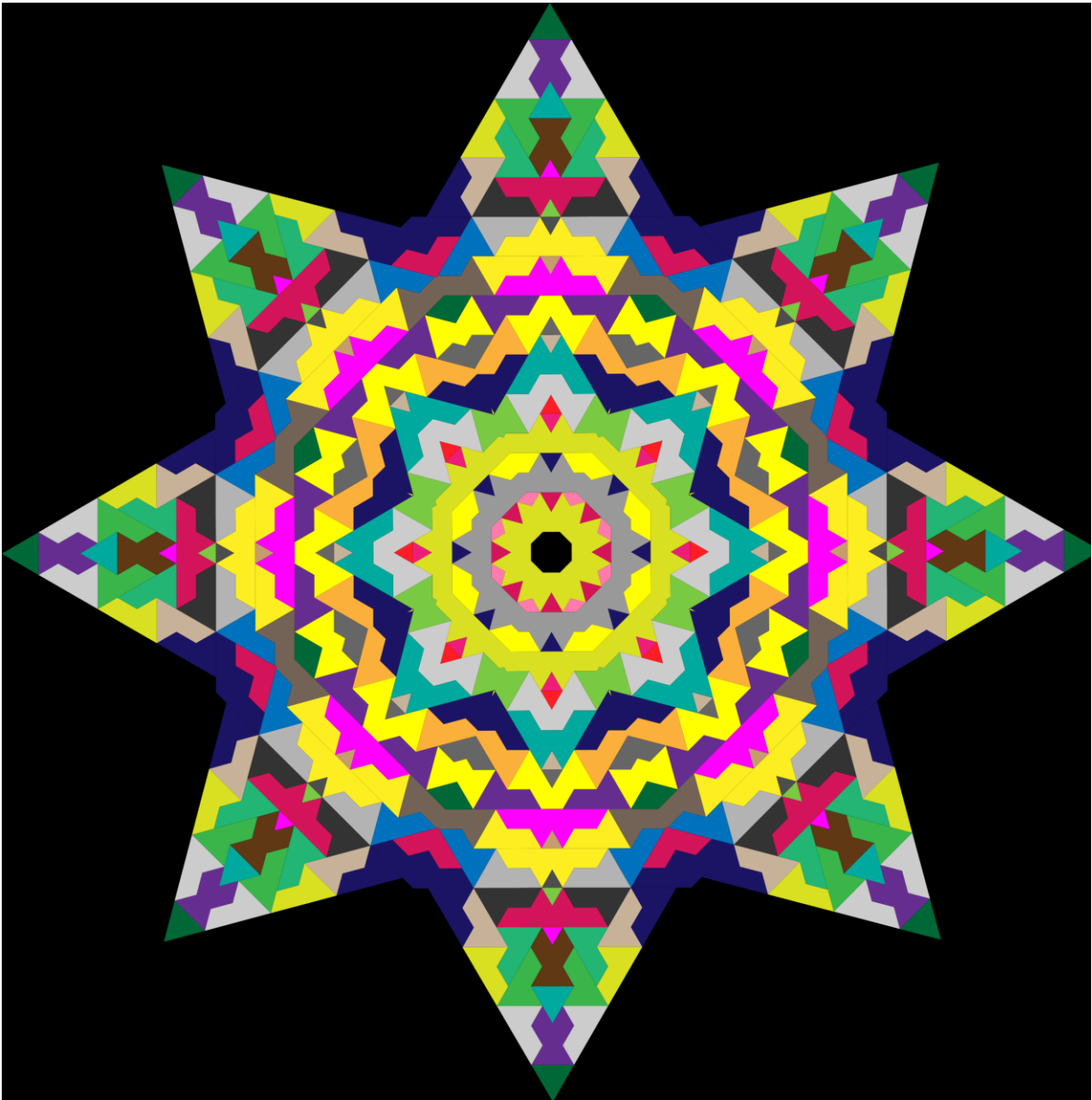
Pomfret Community School was fortunate to have a visit from Patricia Polacco, author and illustrator of over 100 books including Thank You Mr. Falker and The Blessing Cup. Ms. Polacco spoke to all students in the school about her experiences as an author/illustrator and about important experiences from her life, including the fact that she was unable to read until she reached the age of 14. Each of her presentations was tailored to the grade levels she was speaking to, and all students were fascinated by what she had to say.

The visit was jointly sponsored by the PCS PTO and by funds raised by the school library book fair that was held in March.

<http://www.patriciapolacco.com/>  
for more information about Patricia Polacco

*Article written by Ms. Sue Peyton, PCS Library Media Specialist  
Photos by Phyllis LaBelle, PCS PR Coordinator*





Pomfret Community School  
Art Show

Tuesday, June 12, 2018  
6:30-8:00 PM

*"At PCS we care for ourselves, for others, and for our school."*

Pomfret Community School, 20 Pomfret Street, Pomfret Center, CT 06259  
860-928-2718 FAX 860-928-3839

Last Day of School\*  
Tuesday, June 19  
12:30 PM  
Early Dismissal

\*pending no further closures



Gr. 8 Graduation  
Tuesday, June 19  
7 PM  
GYM



## 2018 Yearbooks!

The best way remember all of your fun at PCS is by flipping through your yearbook!

The book is 60 full-color pages of amazing friends, clubs, classes, and memories! Orders are now being taken.

Get yours before they're gone!

\$25.00 each

Please use a separate form for each child and return with payment to the homeroom teacher. Make checks payable to the PCS Activity Fund.

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### Yearbook Order

Student Name: \_\_\_\_\_ Teacher: \_\_\_\_\_

Payment amount: \_\_\_\_\_ check or cash (circle one)

Parent or guardian: \_\_\_\_\_

Pomfret Community School & Eastford Elementary School

Pupil Services Department News

## PUPIL SERVICES DEPARTMENT

News you can use.....from Mary Jo Chretien, Director

[chretien@pomfret.ctschool.net](mailto:chretien@pomfret.ctschool.net) 860-928-2718 x 308

### May includes:

- National Nurse Appreciation Week (May 6-12)
- Better Hearing and Speech Month
- ALS Awareness Month
- Asian Pacific American Heritage Month
- Borderline Personality Disorder Awareness Month
- Celiac Awareness Month
- Haitian Heritage Month
- International Internal Audit Awareness Month <sup>(15)</sup>
- Jewish American Heritage Month
- Lupus Awareness Month
- Melanoma and Skin Cancer Awareness Month
- Mental Health Awareness Month
- National Bike Month
- National Foster Care Month
- National Guide Dog Month
- National Mobility Awareness Month
- National Stroke Awareness Month
- Neurofibromatosis Awareness month
- National Correct Posture Month
- Cystic Fibrosis Month
- National Apraxia Awareness Month
- Brain Tumor Awareness Month

For more information ...

Contact Mrs. Chretien at the email or phone number above.

### Spotlight on Staff Members 2017-2018

This year, we're featuring members of the Pupil Services Department. It is always helpful to connect names and faces.



#### NURSE

##### Mrs. Wendy Lupien

Mrs. Lupien became interested in nursing at a young age; she received her BS in Nursing from St. Joseph in West Hartford. Her hobbies include crafting, particularly creating with wool. She enjoys animals and has 2 dogs, a cat, 3 sheep, and a llama. Mrs. Lupien helps us to stay safe and healthy at PCS.

[lupien@pomfret.ctschool.net](mailto:lupien@pomfret.ctschool.net)

#### SPEECH-LANGUAGE PATHOLOGIST

##### Mrs. Blair Mondor

Mrs. Mondor has served PCS for 21 of her 39 years and reports that she has enjoyed working with our dedicated staff and caring families. Mrs. Mondor was encouraged to enter her profession by a school counselor; her skills with music and her "good ear" made her a perfect candidate for working with speech sounds and language skills.

She was educated at UCONN and attained her Masters at Worcester State College. Because Mrs. Mondor will retire at the end of the year, she will have plenty of time to pursue golfing, needlepoint and civic duties. She and her husband Bob will enjoy additional time for traveling. [mondor@pomfret.ctschool.net](mailto:mondor@pomfret.ctschool.net)



#### SPEECH-LANGUAGE PATHOLOGY

##### Assistant Mrs. Pamela Conrad

Mrs. Conrad is a familiar sight at the pick-up line each evening. Mrs. Conrad has a son and she enjoys working with children of all ages here at PCS. As an assistant, she is a valuable asset to our students; she works with individuals or groups in the speech office and in classrooms.

[conrad@pomfret.ctschool.net](mailto:conrad@pomfret.ctschool.net)

*"At PCS we care for ourselves, for others, and for our school."*



**31 Days of Wellness**

In Honor of Mental Health Awareness Month - May 2018

		5/1	5/2	5/3	5/4	5/5
Day 6: Plant a flower or vegetable	Day 7: Partake in Meatless Monday	Day 1: Go to bed early	Day 2: Incorporate a new vegetable or healthy food item into a meal	Day 3: Forgive yourself for something or forgive another person	Day 4: Stay hydrated with a reusable bottle	Day 5: Do a good deed for someone
5/6	5/7	5/8	5/9	5/10 - <b>Mental Health Awareness Day!</b>	5/11	5/12
Day 13: Call someone you love	Day 14: De-clutter your desk or room	Day 8: Play your favorite song and dance	Day 9: Try a new activity	Day 10: Give yourself 5 compliments	Day 11: Journal 10 things you're grateful for	Day 12: Take a walk outdoors
5/13	5/14	5/15	5/16	5/17	5/18	5/19
Day 20: Get rid of 5 things you never use	Day 21: Get some sun. Eat lunch outside	Day 15: Take a social media sabbatical	Day 16: Make a list of short term goals	Day 17: Pick up trash near your office or home	Day 18: Slow down. Sit & watch the sunset	Day 19: Attend the MA/MI walk at Rentscher Field in East Hartford, CT
5/20	5/21	5/22	5/23	5/24	5/25	5/26
Day 27: Visit your local library and pick a book to read	Day 28: Sign a Letter of Agreement for CONNECT	Day 22: Send an encouraging text or note to 5 people	Day 23: Plan a coffee date with a friend	Day 24: Go the entire day without complaining	Day 25: Do one thing you've been putting off	Day 26: Make time for a wholesome breakfast
5/27	5/28	5/29	5/30	5/31		

Follow us on Facebook under Connecticut Network of Care Transformation - @CT.CONNECT.champions



*"At PCS we care for ourselves, for others, and for our school."*



The Connecticut Department of Children and Families - Region 3  
**Family Advisory Board**

*Presents*

# Youth Mental Health First Aid

**WHEN**

May 12<sup>th</sup> and June 9<sup>th</sup>

10am to 2pm

**WHERE**

Abundant Life Church  
85 Skinner Rd.  
Colchester, CT



**~RSVP is necessary~**

**Must attend both sessions**

Please RSVP to  
Maura Hughes at  
[maura-hughes@comcast.net](mailto:maura-hughes@comcast.net)

~Let us know if you plan to  
bring a potluck dish to  
share.

~Childcare will be available  
please let us know how  
many children you are  
bringing.

Do you want to know how to recognize the symptoms of common mental illnesses and substance use disorders, de-escalate crisis situations safely, and initiate timely referrals to mental health and substance abuse resources available in the community?

**Youth Mental Health First Aid**

is a free 8-hour training with training certification when completed

*You do not to be in the mental health profession  
to take this training*



**PLEASE TURN OVER FOR MORE INFORMATION ABOUT THE TRAINING**

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Pomfret Community School, 20 Pomfret Street, Pomfret Center, CT 06259  
860-928-2718 FAX 860-928-3839



## *Awareness Day LIVE!*

### *“Partnering for Help and Hope”*

Join us on Thursday, May 10, for Awareness Day 2018! Each year National Children’s Mental Health Awareness Day seeks to raise awareness about the importance of children’s mental health and show that positive mental health is essential to a child’s healthy development.

May 10, 2018  
500 Enterprise Drive, Rocky Hill CT  
6pm—8pm  
*\*Food will be provided\**

For further information and to reserve your spot, please RSVP to Ann Petitti at [ann.petitti@beaconhealthoptions.com](mailto:ann.petitti@beaconhealthoptions.com) or 860.263.2092 by 5/4/18.



# Cultural Arts Week

## May 29-June 1

Join us as we travel to SOUTH AFRICA.

CLASSROOM DOCENTS NEEDED!

If interested in volunteering or for more information about becoming a docent, please contact the following PTO members:

Pre K-Grade 2: Michelle Pike

m\_pike27@yahoo.com

Grades 3-5: Michelle McCorkle-Milardo

michelle\_mm@sbcglobal.net

Grades 6-8: Melanie Ferreira

melferr73@gmail.com

All classroom docents are required to have the completed volunteer form (category 1) on file. Please check with the office for more details. THANK YOU!



# WHY READ?

## Ten Reasons.

By Kelly Gallagher, *Deeper Reading*, 2004

### Reading is rewarding.

20 minutes of reading per day per year...  
...over a million words per year.

"When I really reading fiction, my brother Arm got his arm badly broken at the elbow."  
"If you really want to hear about it, the first thing you'll probably want to know is when I was born..."  
"When I stepped out into the bright sunlight from the darkness of the movie house, I had only two things on my mind. First, I wanted to see a ride home."

### Reading builds a mature vocabulary

Students who read for fun score higher on standardized writing tests. (Grade 12 in 2005; Scores range from 0-300)

### Reading makes you a better writer.

"If you don't have the time to read, you don't have the time (or the tools) to write. Simple as that."  
-Stephen King

"One characteristic emerges as a significant predictor of success...  
Grit.  
Grit is passion and perseverance for very long-term goals. Grit is having stamina. Grit is sticking with your future, day in, day out, not just for the week, not just for the month, but for years, and working really hard to make that future a reality."  
(Angela Lee Duckworth)

### Reading prepares you for the world of work.

Almost 50% of people with the lowest literacy skills live in poverty...  
14.5% of Americans with poor reading skills are underemployed...

### Reading is hard and "hard" is necessary.

"The 25 fastest growing professions have far greater than average literacy demands."

### Reading opens the doors to college and beyond.

Only 52% of students in 2012 were ready for college-level reading as predicted by the ACT.<sup>8</sup>  
"Reading is an essential component of college and workplace readiness."<sup>9</sup>  
And 11% of entering college students must take remedial reading courses.<sup>8</sup>  
70% of those taking the remedial classes fail to earn a college degree within eight years.<sup>8</sup>

### Reading well is financially rewarding.

In the business world, a person typically spends two hours a day reading...  
Reading 25%  
Other Tasks 75%

### Reading develops a moral compass.

"Reading has cognitive consequences that extend beyond its immediate task of lifting meaning from a particular passage."<sup>9</sup>

### Reading arms you against oppression.

Over 60% of prison inmates are functionally illiterate.<sup>4</sup>  
83% of juvenile offenders are unable to read well enough to participate in their case.<sup>4</sup>

### Reading makes you smarter.

1 Gallagher, K. (2004). *Deeper Reading: Comprehending Challenging Texts*. 4-52. Portland, ME: Stenhouse Publishers.  
2 Gallagher, K. (2005). *Readicide: How Schools Kill Reading and Why We Can Do About It*. Portland, ME: Stenhouse Publishers.  
3 Neagy, W., and Anderson, R. C. (1984). How many words are there in printed English? *Reading Research Quarterly*, 13, 304-330.  
4 Kirsch, I., Jungkist, A., Jenkins, L., & Melstad, A. (2002). *Adult Literacy in America: A First Look at the Findings of the National Adult Literacy Survey*. US Department of Education, Office of Educational Research and Improvement. Retrieved from [http://nces.ed.gov/ipeds/datacenter/nalr/2002/2002\\_01.pdf](http://nces.ed.gov/ipeds/datacenter/nalr/2002/2002_01.pdf)  
5 National Environment for the Arts. (2007). *To Read or Not To Read: A Question of National Conversation*. (Research Report #2). Retrieved from <http://www.near.org>

# 10 What Questions

## to Develop a Growth Mindset in Children

1. What did you do today that made you think hard?
2. What happened today that made you keep on going?
3. What can you learn from this?
4. What mistake did you make that taught you something?
5. What did you try hard at today?
6. What strategy are you going to try now?
7. What will you do to challenge yourself today?
8. What will you do to improve your work?
9. What will you do to improve your talent?
10. What will you do to solve this problem?

# growth mindset

## what is it?

We used to think that our intelligence was fixed – meaning we were either smart or we weren't. Scientists have proven again and again that simply is not true. Our brain acts like a muscle – the more we use it, the stronger (and smarter) our brain becomes.



### IS YOUR MINDSET FIXED?

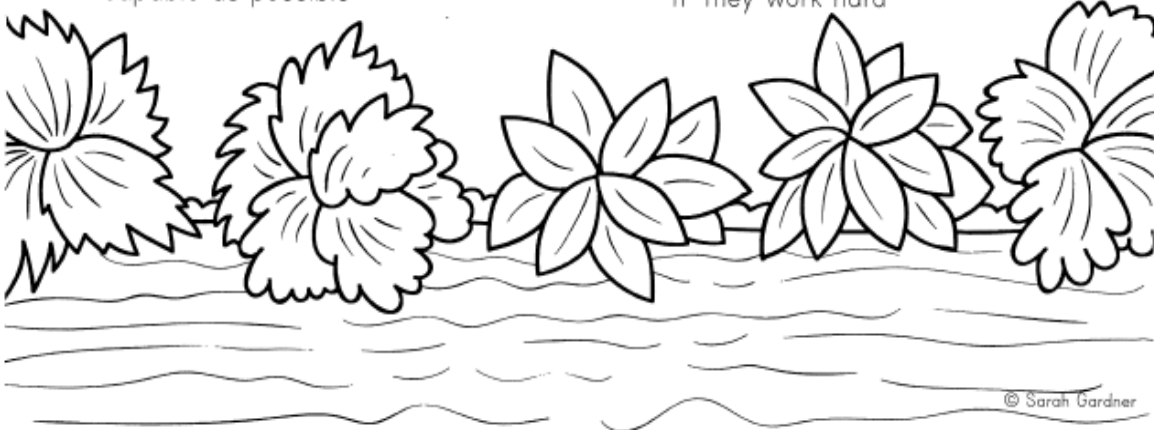
A person with a fixed mindset may do these things:

- avoid challenges
- give up easily
- ignore feedback
- become threatened by other people's success
- try hard to appear as smart or capable as possible

### WHAT DOES A GROWTH MINDSET LOOK LIKE?

A person with a growth mindset may do these things:

- embrace challenges
- give their best effort
- learn from feedback
- become inspired by other people's successes
- believe their intelligence can change if they work hard



© Sarah Gardner



### **Friends of Pomfret Public Library Used Book Sale**

7 AM – 12 PM, Saturday, May 5 in Pomfret Community School Cafeteria. Get your summer reading for a bargain price and support a good cause. Fiction, nonfiction, CD's, DVD's, audio books, children's books galore! Hardcover's and trade paperbacks, audio books, CD's and DVD's \$1.00, \$.50 for other paperbacks. \$5.00/bag sale from 11 – 12

**Cleaning out your bookshelves??? Donations accepted at the cafeteria from 2:30 PM until 5:30 PM on Friday, May 4.**

## Windham County 4-H Foundation Inc

Sponsors of: Windham-Tolland 4-H Camp  
& Ragged Hill Woods Education Programs



# 64th Annual 4-H Auction

**May 4th & 5th**

**Preview 5:00 PM**

**Auction 6:00 PM**

Auctioneers  
John McDonald  
&  
Kevin Gaudreau

*Auction both nights will feature a  
terrific variety of new, used, unique  
and antique goods and services!*

*Come join the fun in our family  
friendly atmosphere*

*Free Admission Both Nights*

- Live and Silent Auction each night
- Garden Plants
- Furniture & Home decor
- Collectables
- Certificates for family trips , dining out, golf, skiing, theme parks, & more!
- Hourly Raffles, Bake Sale
- Hot food, cold drinks and fresh apple pie

## 4-H Tag Sale Rain or Shine

*Over 4000 square feet of bargains galore both inside the lodge and under our tents!*

Friday: May 4th open noon to 5:00 pm (free) or at 10:30 AM for \$5.00 Early Bird Buy-In

Saturday: May 5th doors open 9:00 AM—5:00 PM

Phone: 860-974-3379  
FAX: 860-974-3327  
EMAIL: [wc4hfounders@gmail.com](mailto:wc4hfounders@gmail.com)

We welcome your tax deductible donation. Please contact our office and leave a message!

Windham County 4-H Outdoor Center  
326 Taft Pond Road  
Pomfret Center, CT 06259

**[www.4hcampct.org](http://www.4hcampct.org)**

*"At PCS we care for ourselves, for others, and for our school."*

Pomfret Community School, 20 Pomfret Street, Pomfret Center, CT 06259  
860-928-2718 FAX 860-928-3839

**Pomfret Recreation Upcoming Events:**



**Before School Multi-sports:** April 30<sup>th</sup> – May 25<sup>th</sup> For Boys and girls in grades 4-8 in the PCS Gym from 7:50am – 8:20am each school day. Come and play a medley of sports. \$35.00 per child

**Town Wide Yard Sale at the Park:** May 5, 2018 starting at 8:00am. Would you like to host a yard sale, but perhaps not at your house? Here's your opportunity to rent a space at the Recreation Park to sell your wares! \$10.00 per 10x10 space if paid by 4/20/18. If paid 4/20 or later the fee will be \$15.00. Table rental (While they last) is an additional \$10.00 (you pick up from the barn, bring to your space and return after.)



**Adult Co-ed Volleyball:** Tuesday nights starting May 29<sup>th</sup> through August 28<sup>th</sup> Time: 6:30pm at the Pomfret Recreation Park outdoor courts. Pick up style sand volleyball. \$10.00 per person.

**Annual Fishing Derby:** June 10, 2018 at the Pomfret Rod & Gun Club. 8:30am – 11:30am. Check in starts at 8:00 am. Boys and girls ages 5 to 15 are eligible. Catch a tagged fish and win \$25.00 cash! A Casting contest will take place too! Cost is \$5.00 per child, which includes lunch and a goody bag.



**Boston Red Sox vs. Houston Astros Game:** Saturday, September 8, 2018. Game time 4:05pm. Fee: \$92.00 per person for Pomfret and Thompson residents. \$94.00 per person for other towns. Includes 3<sup>rd</sup> base side infield grandstand seats and coach bus transportation.

**College Scholarship:** A \$500.00 scholarship is awarded to a Pomfret Student each year from the Recreation Department for volunteer service within the town of Pomfret. The application for this scholarship is due by May 3, 2018.



**Lego Camp:** July 9<sup>th</sup> through July 13<sup>th</sup> at PCS  
Boys and girls ages 5-7: 9 am to 12:00 Noon  
Boys and girls ages 8-12: 1:00 pm to 4:00 pm  
Super Hero Engineering. An experienced Play-Well instructor guides young heroes as they design and build! Register and pay by June 21<sup>st</sup> the fee will be \$150.00. After June 21<sup>st</sup> the fee will be \$155.00.



**Summer Youth Basketball for Boys and Girls:** July 31<sup>st</sup>, August 1, 2, 7, 8, 9, 14, 15, 16, 21, 22, 23. You will play in the grade that you will be entering in the Fall of 2018.  
Grades 2 – 4 (5:30pm-6:30pm)  
Grades 5 & 6 (6:30pm – 7:30pm)  
Grades 7, 8 & 9 (7:30pm-8:30pm)

**Women's Tennis:** coming soon, date TBA!



Are you interested in volunteering and/or getting involved with our Town Recreation programs? If so, there are openings on the Recreation Commission. If you can't commit to joining the commission, WOULD YOU LIKE TO HELP OUT WITH A FEW PROGRAMS A YEAR?. Kindly contact Barbara Gagnon at the information listed below.

*You do not need to live in Pomfret to participate in most Town Rec. programs.*

Questions: 860-974-1423 or Email: [Barbara.gagnon@pomfretct.gov](mailto:Barbara.gagnon@pomfretct.gov)

Flyers for these and more programs are available on the website:

[www.pomfretct.gov/recreation](http://www.pomfretct.gov/recreation)

*"At PCS we care for ourselves, for others, and for our school."*

Pomfret Recreation Sponsors:



# 2018 Co-ed Summer Volleyball for Adults 18 and up

## Pick Up Style Sand Volleyball

Location: Pomfret Recreation Park,

576 Hampton Road, Pomfret

Time: Tuesdays, 6:30 pm

Dates: 5/29—8/28/18

Fee: \$10.00 p.p.

*Program will not take place during inclement weather*

Program questions: please call Sherri Kristal at 860-974-2877 or 774-280-4506

or email at: kenkristal@yahoo.com



Yes, sign me up for Co-ed Summer Volleyball for Adults. Please mail and make your check out to: Pomfret Recreation Dept.,

5 Haven Rd., Pomfret Center, CT 06259. Registration questions: 974-1423 or Barbara.Gagnon@pomfretct.gov

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M/F \_\_\_\_\_ Phone # \_\_\_\_\_

Address: \_\_\_\_\_ Email Address: \_\_\_\_\_

Fee: \$10.00—Ck # \_\_\_\_\_ or cash paid \_\_\_\_\_

Are there any medical issues we need to be aware of? \_\_\_\_\_

Please note: I understand there are certain risks in participating in this volleyball program and I'm willing to assume these risks for myself. I further understand that the Town of Pomfret does not provide medical insurance for recreation activity participants. I hereby waive and release all other participants, sponsors or others involved from all claims and or/damage incurred with the volleyball program. The recreation department will not tolerate foul language, disruptive or overly aggressive behavior, if exhibited, may be grounds for dismissal from the program. Alcohol consumption is NOT allowed at the park. There are no refunds available.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

*"At PCS we care for ourselves, for others, and for our school."*



Pomfret Recreation Dept. Sponsors:

# Before School Multi Sports Program

Boys and Girls

Grades 4—8

Time: 7:50 to 8:20 a.m.

Each school day

April 30th through May 25th

No Play on: May 27, 2013



Come and play a medley of sports such as: indoor soccer, wiffle ball & kickball along with some other games and activities before school. This program takes place in the PCS gym. Get some exercise before school, start the day Awake and with Energy!



Sign me up for before school multi sports program starting on April 30, 2018. Please mail and make your checks payable to: Pomfret Recreation Dept., 5 Haven Rd., Pomfret Center, CT 06259.

Questions: 974-1423

Name: \_\_\_\_\_ Grade/Teacher \_\_\_\_\_

Address: \_\_\_\_\_ Ph. # \_\_\_\_\_

Email address: \_\_\_\_\_ \$35.00 paid on ck # \_\_\_\_\_

Please note: There are certain risks involved with participating in any Pomfret Recreation activity or event and I am willingly to assume these risks for myself/my child. I hereby waive and release all other participants, the Town of Pomfret, Pomfret Community School, any and all others involved from all claims and/or damage incurred with this Before School activity. No refunds unless there is a wait list for the program.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_



Pomfret Recreation Department Sponsors:



**BOSTON RED SOX VS HOUSTON ASTROS**



(HOUSTON—2017 WORLD SERIES CHAMPS)

**SATURDAY, 9/8/18 GAME TIME 4:05 PM**

Fee: \$92.00 ea. for Pomfret & Thompson residents  
 \$94.00 out of town  
 Infield Grand Stand Sections 29 & 30  
 (3rd base side—under the roof)  
 All checks to be mailed and made out to:  
 Pomfret Rec. Dept., 5 Haven Rd,  
 Pomfret Center, CT 06259  
 860-974-1423 or  
 Barbara.Gagnon@pomfretct.gov  
 No refunds for trips will be given unless we have a wait list and a replacement can be found.

American League East meets an American League West Team! Join Pomfret Recreation for a fun day at the "PAAHHK"! (under 18 must be accompanied by an adult).

FEE: \$92.00 p.p. for Pomfret & Thompson Residents. 94.00 p.p. for other towns. Includes 3rd base side Infield Grandstand seats and coach bus transportation.

SCHEDULE	
Departure 1:00 pm	Pomfret Community School Parking Lot
Arrive in Boston	Time on your own before the game
4:05 pm	Game begins! Bus leaves for home 20 minutes after game ends

Participants Name	Address	Home Ph. #	Cell Ph. #	Email Address

If you need more space to add member of your party, please use the back side of this form.

\_\_\_\_\_ # of participants @ 92.00 each = Amt. Pd. \_\_\_\_\_ on check # \_\_\_\_\_

**Out of town** \_\_\_\_\_ # of participants @ 94.00 each = Amt. Pd. \_\_\_\_\_ on check # \_\_\_\_\_

Emergency contact name and PH # number for this party \_\_\_\_\_  
 (relationship to you) \_\_\_\_\_

There are certain risks involved with participating in any Pomfret Recreation activity/event and I am willing to assume these risks for myself/my child. I hereby waive and release all other participants, sponsors or others involved from all claims or damages incurred with this trip to Fenway Park. I understand that the Town does not carry accident/medical insurance. Note #2: If the game were to be postponed due to weather/other after the bus leaves for Fenway Park each participant will have to pay an additional \$25.00 fee to rent and ride the bus to the make up game. If the game were to be postponed earlier in the day (before the bus arrives at PCS for pick up) there would not be an extra bus charge for the make up game. The date of a make up game is decided by the Boston Red Sox—no refunds are given if you are not able to attend the make up game.

Signature: \_\_\_\_\_ Date \_\_\_\_\_



# POMFRET PUBLIC LIBRARY

449 Pomfret St.  
Pomfret CT 06258  
pomfretlibrary.org  
860-928-3475

Hours  
T, W & Th 10-6;  
Fri 2-6  
Sat 10-2


24/7 book pick up  
and returns



Happy Mother's Day!  
Saturday 5/12, 10:30-1:30  
All Ages Drop-In Crafts  
Make Special Gifts  
for your Special Women!

## Meditation for Total Wellness

with Clare Vidich  
Monday 5/21 @ 7PM



### For Kids

Thurs 5/17 @ 4:30 PM

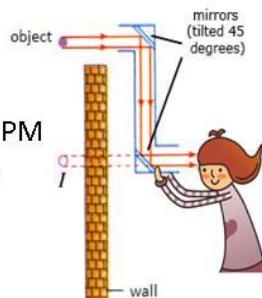
#### Incredible Edible Arts & Crafts:

Spring Flowers made from  
candy and cookies



Tues 5/22 @ 4:30 PM

#### Experiments with LIGHT and a DIY Periscope



Every Tues @ 10:30 PreK Story Time

Every Thurs @ 10:30 Toddler Story Time

### For Adults

Thurs 5/17 @ 3:30 PM

#### Book Discussion: A Talent for Murder

by Andrew Wilson

Mon 5/21 @ 7 PM

#### Meditation for Total Wellness

with Clare Vidich

Wed 5/30 @ 3 PM

#### Genealogy: The National Archives

Thurs 5/31 @ 7 PM @ Old Town House

**Writing Workshop: Love & Heartbreak**  
please register @ pomfretlibrary.org

Every Tues @ 4PM

#### Common Threads Stitchery Open House

Every Fri @ 3PM

**Qi Gong for Health and Peace** with Nick

*"At PCS we care for ourselves, for others, and for our school."*

Pomfret Community School, 20 Pomfret Street, Pomfret Center, CT 06259  
860-928-2718 FAX 860-928-3839



Center at Pomfret

## Junior Biologists Ages 9-13

For older kids, this camp offers an in-depth study of habitats & the wildlife within them. Only 20 campers per session! Cost: \$195/week CAS members; \$250/week non-members (includes CAS family membership)



### WEEK 1: Herpetology June 18-22

Study reptiles and amphibians found in northeastern Connecticut- our snakes, turtles, salamanders, frogs, and toads. We will investigate different habitats, set & check traps, collect species data and map the "herps" on the sanctuary.

### WEEK 2: Earth Keepers June 25-29

Do you want to help the planet and Connecticut wildlife? Get your hands dirty assisting raptor rehabilitators, constructing wildlife brush piles, collecting macro-invertebrates, inspecting pollinator habitats and more! Don't wait, make a difference now. Campers can receive community service hours for their work.

### WEEK 3: Crazy Summer Fun July 2-6 **NEW**

We will celebrate summer with lots of wacky, wet, wiggling games and activities. Every day there'll be a new surprise. **CAMP WILL RUN JULY 4TH**

### WEEK 4: Bike Week I July 9-13

After reviewing bike safety and learning basic bike maintenance (changing a tire, properly greasing chains, etc.) we will ride the Airline Trail and other off-road locations, exploring the northeastern Connecticut countryside with stops along the way. Depending on weather conditions and group dynamics, camp drop-off and pick-up locations will vary. Properly fitted bicycle, helmet, back pack and water bottles are a must!

### WEEK 5: Wilderness Survival Skills July 16-20

The Baranski brothers, experienced outdoorsmen, animal trackers, campers and nature photographers, will lead a week in the woods. Learn how to make your own twig trap, identify and track animals, build shelters and survive on your own. Overnight camp-out (optional), weather permitting (additional fee).

### WEEK 6: Bike Week II July 23-27

For intermediate level cyclists, we will average 15 miles a day pedaling throughout northeastern Connecticut. Routes will primarily be on dirt roads and trails. Drop off and pick up locations will vary throughout the week, depending on group dynamics and weather conditions. Properly fitted bicycle, helmet, backpack and water bottles are a must!

### WEEK 7: Geo-Hounds July 30-August 3

Did you know that Connecticut has some of the most diverse geology in the country? We will be on the prowl in search of cool rocks; we'll set up a minerals lab and learn how rocks formed millions of years ago. We will see several private collections and a day-long field trip is planned, weather permitting (additional transportation fee).

### WEEK 8: Bike Week III – *The Century Ride* August 6-10 **NEW**

This week is for more experienced cyclists. We will average 20+ miles a day pedaling throughout northeastern Connecticut. Our goal- 100 miles for the week! Routes will primarily be on dirt roads and trails. Drop off and pick up locations will vary throughout the week, depending on group dynamics and weather conditions. Properly fitted bicycle, helmet, backpack and water bottles are a must!

### FOR MORE INFORMATION AND REGISTRATION:

[www.ctaudubon.org/summercamp](http://www.ctaudubon.org/summercamp) | email: [sheminway@ctaudubon.org](mailto:sheminway@ctaudubon.org) | Call: (860)-928-4948

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Pomfret Community School, 20 Pomfret Street, Pomfret Center, CT 06259  
860-928-2718 FAX 860-928-3839



Center at Pomfret

## Trail Blazers Ages 6-8

For younger budding naturalists, this camp offers a small group camp experience. Only 20 campers per session! Cost: \$195/week CAS members; \$250/week non-members (includes CAS family membership)



### WEEK 1: Swamp Romp June 18-22

In the water and in the mud, this week will be all about slimy critters in the swamp - frogs, turtles, salamanders and their prey - interesting insects, juicy worms and grubs. Wear old sneakers and plan on getting wet and dirty!

### WEEK 2: Gone Fishin' June 25-29

Learn about the native fish in our brooks and ponds, as well as the habitat and foods they need to survive. There will be lessons on casting, a trip to a hatchery and plenty of fishing along the way. By the end of the week, campers will have a solid understanding and appreciation for our piscine neighbors.

### WEEK 3: Crazy Summer Fun July 2-6 **NEW**

We will celebrate summer with lots of wacky, wet, wiggling games and activities. Every day there will be a new surprise. **CAMP WILL RUN JULY 4TH**

### WEEK 4: Camp Construction July 9-13 **NEW**

Are you a builder? Do you like construction? With a construction challenge every day, you will be problem solvers; building bridges, structures, mazes and more! We will also investigate construction in nature. Did you know Beavers are considered nature's engineers? Come ready to do your part and build.

### WEEK 5: Nature's Music Makers July 16-20 **NEW**

Have you ever noticed how noisy the woods, a field or a pond can be? There are lots of noise makers out there. Can you identify those sounds? We will explore the science of sound - nature's "music" - and how animals use sound to survive.

### WEEK 6: Kiddie Hawk July 23-27

UP, Up and Away! Blast off learning about the flight of birds, bats, bugs, billowing seeds, and everything in between. Why is it animals can fly under their own power and people can't? We will see live birds up close, examine skeletons, catch flying insects, and study amazing bug collections.

### WEEK 7: Rock Piles July 30-August 3

Do you like collecting rocks - different shapes and colors, ones that sparkle? We will be in search of the variety of rocks we have in northeastern Connecticut. We will learn ways in which they were created, learn their names and find out how they are used.

### WEEK 8: Grossology August 6-10

Eww! Yuck! Wow, isn't that cool! Check out all the slimy, squimy things that make us squeal. Have fun as we learn the importance of "gross" stuff. We will grow bacteria and mold and learn about decomposition. We'll make slime and study slug and earthworm locomotion. We'll identify scat. Learn about gross adaptations that help animals survive. Maybe a food fight is in store? Come and find out!

### FOR MORE INFORMATION AND REGISTRATION:

[www.ctaudubon.org/summercamp](http://www.ctaudubon.org/summercamp) | email: [sheminway@ctaudubon.org](mailto:sheminway@ctaudubon.org) | Call: (860)-928-4948

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860-928-2718 FAX 860-928-3839



# Volunteers Needed! Positively Pomfret Day

Saturday, September 22,  
10 am – 4pm  
**Without more committed volunteers,  
Positively Pomfret Day 2018  
may have to be *cancelled*.**  
Call Recreation Director  
Barbara Gagnon  
**Immediately to save PPD 2018**  
860-974-1423



## SOLAR PANELS FOR YOUR HOME

Do It Now!

Deadline to sign up for discounted pricing is  
August 14!

This spring, the town of Pomfret is participating in the SOLARIZE CONNECTICUT Program. <http://solarizect.com/faqs> Pomfret joined in to ensure a low price for residents with a vetted installer. The competitively selected contractor, **Sunlight Solar**, is doing free solar assessments for all interested homeowners. Homeowners will have the option of contracting with an installer outside the town program if they choose. Typically the price through the Solarize program has been 6% lower than the average Connecticut price.

**Solarize Workshop: SOLARIZE CONNECTICUT and  
Sunlight Solar**  
**Pomfret Community Senior Center**  
**Thursday, May 24<sup>th</sup> at 7 pm**

## Solarize Pomfret

Questions? Contact the Pomfret Green Team at  
[PomfretGT@gmail.com](mailto:PomfretGT@gmail.com)

*Don't  
miss this one!*

**Pomfret's 305<sup>th</sup>  
Annual Town Meeting**  
**To Vote on the 2018-2019 Budget**  
**Thursday, May 17, 7 PM, PCS**



## A LOOK at the BUDGET

**Public Hearing**  
**On the 2018-2019 Budget**  
**Monday, April 30, 7 PM, PCS**

# Memorial DAY

*Remembering those who served  
and gave their all.*

Pomfret's Annual

## Memorial Day Parade

Monday, May 28, 10 AM

Don't miss this special community event to honor and remember those who died in active military service.

This year, the Parade route will go from the Pomfret Congregational Church to the Town Green at Route 44/169.




*Line up at 9:30 AM, Parade kicks off at 10 AM.*

All are invited to participate and encouraged join us for an hour or two to pay tribute to those who made the ultimate sacrifice.

**MEAL PRICES:**  
 Daily Lunch: \$2.85 (reduced \$.40)  
 Milk (only): \$.50  
 Breakfast: \$1.75

**Pomfret Community School  
 Breakfast & Lunch Menu  
 MAY 2018**

PLEASE SEE BACKSIDE FOR A  
 BRIEF NEWSLETTER & MORE  
 MEAL INFORMATION!  
 DO YOU LIKE OUR NEW FORMAT?

	5/1	5/2	5/3	5/4
	<b>Brunch for Lunch</b> French Toast Sticks Turkey Sausage Tater Tots & Grape Tomatoes Assorted Fruits Milk	<b>Crispy Chicken Tenders</b> Seasoned Brown Rice Steamed Broccoli Assorted Fruits Milk	<b>BBQ Roasted Chicken</b> Seasoned Brown Rice Golden Corn Coleslaw Assorted Fruits Milk	<b>Pasta and Meatballs</b> Served with Zesty Italian 3 Bean Salad Assorted Fruits Milk
5/7	5/8	5/9	5/10	5/11
<b>Cheesy Pizza Dippers</b> Served with a side of Marinara Sauce Baby Carrots & Cucumber Wheels Assorted Fruits Milk	<b>Beef and Cheese Soft Taco</b> Served with Roasted Corn Salsa And a side of Refried Beans Assorted Fruits Milk	<b>Meatball &amp; Cheese Sub</b> Served with Garden Salad Ranch Dressing Assorted Fruits Milk	<b>Sweet &amp; Sour Popcorn Chicken</b> Served over seasoned Brown Rice Asian Vegetable Medley Fortune Cookie Assorted Fruits Milk	<b>Crispy Chicken</b> Served on WG Roll with Lettuce & Tomato Sweet Potato Fries Assorted Fruits Milk
5/14	5/15	5/16	5/17	5/18
<b>Cheese Pizza</b> Served with Baby Carrots Garden Salad w/ Ranch Dressing Assorted Fruits Milk	<b>Brunch for Lunch</b> French Toast Sticks Turkey Sausage Tater Tots & Grape Tomatoes Assorted Fruits Milk	<b>Sloppy, Sloppy Joe</b> Served on a WG Roll Oven Baked Fries Sweet Green Peas Assorted Fruits Milk	<b>Crispy Chicken</b> Served on WG Roll Garden Salad w/ Ranch Dressing Assorted Fruits Milk	<b>Cheese Burger</b> Served on a soft Pretzel Bun Oven Baked Potato Wedges Roasted Corn & Black Bean Salad Assorted Fruits Milk
5/21	5/22	5/23	5/24	5/25
<b>Fried Dough</b> Served with Sauce and Cheese Baby Carrots & Cucumber Wheels Assorted Fruits Milk	<b>Cheese Quesadillas</b> Served with Roasted Corn Tortilla Chips Seasoned Refried Beans Assorted Fruits Milk	<b>Chicken Mac n' Cheese</b> Served with Golden Carrots Breadstick, Sweet Green Peas Assorted Fruits Milk	<b>Toasted Cheese Sandwich</b> Sweet Potato Fries Steamed Broccoli Assorted Fruits Milk	<b>Mini Turkey Corn Dog</b> Oven Baked Potato Wedges New England Baked Beans Assorted Fruits Milk
5/28	5/29	5/30	5/31	
	<b>Brunch for Lunch</b> French Toast Sticks Turkey Sausage Tater Tots & Grape Tomatoes Assorted Fruits Milk	<b>Crispy Chicken Tenders</b> Seasoned Brown Rice Steamed Broccoli Assorted Fruits Milk	<b>BBQ Roasted Chicken</b> Seasoned Brown Rice Golden Corn Coleslaw Assorted Fruits Milk	

\*Menu subject to change without notice.



## Pomfret Community School May Activity Calendar 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 Morning Doves every Thursday 7:45-8:20 Until May 24	7 BEFORE SCHOOL MULTI-SPORTS APRIL 30-MAY 25 7:50-8:20 AM	1 Stay & Play Gr. 1 & 2 3:30-4:30 gym PTO Mtg. Cultural/Arts 6:30-8 PM cafeteria	2 Stay & Play Gr. 3 & 4 3:30-4:30 gym PTO Mtg. 6:30-7:30 cafeteria	3 Art Therapy 3:30-4:30	4 World Study 3:30-4:30	5
6 Jazz Band Wednesday & Friday 7:45-8:20	7 Art Club 3:30-4:30	8 No Stay & Play	9 Art Therapy 3:30-4:30 No Stay & Play	10 Art Therapy 3:30-4:30 Mother's Day Plant Sale cafeteria	11 Gr. 3 Capital Hartford 10:35-2:30 Mother's Day Plant Sale cafeteria Peace Maker Training 3:30-7 conference rm. World Study 3:30-4:30	12
13	14 Art Club 3:30-4:30	15 Last Day for Stay & Play Gr. 1 & 2 3:30-4:30 gym	16 Last Stay & Play for Gr. 3 & 4 3:30-4:30 gym Art Therapy 3:30-4:30 Kindergarten Orientation 5:30 cafeteria & classrooms	17 Art Therapy 3:30-4:30 Kindergarten - Mystic Aquarium	18 MAGIC Support Gr. 5 World Study 3:30-4:30 NUTS Dance 6:30-9:30 PM cafeteria	19
20	21 Art Club 3:30-4:30 Student Council Talent Show Auditions 3:30-5 PM gym	22 Student Council Talent Show Auditions 3:30-5 PM gym	23 Art Therapy 3:30-4:30 B.O.E. Mtg. 6:30 library	24 LAST DAY FOR MORNING Doves LAST Art Therapy 3:30-4:30 Spring Concert Gr. 5-8 6-8:30 PM	25 LAST DAY FOR BEFORE SCHOOL MULTI-SPORTS Early Dismissal 12:30 PM	26
27	28 <b>MEMORIAL DAY NO SCHOOL</b>	29	30 Student Council Mtg. 3:30-4:30	31 Gr. 1 Talent Show 6:30-7:30 pm	JUNE 1	
<b>CULTURAL ARTS WEEK</b>						

"At PCS we care for ourselves, for others, and for our school."